

Women's All Times Greek Veterans Records

Age Group	Mark	Name and Surname	Born	Meet Place	Meet Date
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100 m

35	11.32	Patoulidou Paraskevi	1965	Athens	2000
40	13.02	Daftsou Anna	1970	Alexandroupolis	2011
45	13.34	Daftsou Anna	1970	Serres	2015
50	14.8	Loupaki Maria	1948	Karditsa	1999
55	16.0	Gouzia Eleni	1945	Karpenisi	2004
60	17.3	Gouzia Eleni	1945	Volos	2006
65	17.6	Siakouli Maria	1938	Karpenisi	2004
70	19.2	Vareli Yeorgia	1929	Thessaloniki	2002
75	20.9	Vareli Yeorgia	1929	Karpenisi	2004
80	28.0	Fota Stamatia	1933	Larissa	2013

200 m

35	24.85	Dada Ariadni	1977	Thiva	2014
40	27.06	Daftsou Anna	1970	Alexandroupolis	2011
45	27.10	Daftsou Anna	1970	Drama	2015
50	31.7	Loupaki Maria	1948	Karditsa	1999
55	35.8	Viga Despina	1943	Chalkis	1998
60	35.2	Papadimitriou Eleni		Edessa	2009
65	40.68	Gouzia Eleni	1945	Bucharest, Romania	2014
70	45.8	Kataki Sofia	1932	Athens	2004
75	53.9	Kataki Sofia	1932	Athens	2008
80	63,59	Fota Stamatia	1933	Bucharest, Romania	2014

400 m

35	56.53	Dova Dimitra	1974	Athens	2009
40	64.04	Daftsou Anna	1970	Bucharest, Romania	2014
45	72.50	Eleftheriadou Maria		Larissa	2013
50	71.11	Katsikadeli Alkinoi	1943	Athens	1994
55	70.23	Georgopoulou Zoi		Bar, Montenegro	2008
60	90.70	Kataki Sofia	1932	Athens	2995
65	80.0	Fota Stamatia	1933	Thessaloniki	2000
70	1.48.37	Mandila Magda	1940	Larissa	2013
75	2.38.90	Fota Stamatia	1933	Zagreb, Croatia	2013
80	2.45.10	Fota Stamatia	1933	Bucharest, Romania	2014

800 m

35	2.05.34	Papadopoulou Maria	1974	Athens	2012
40	2.38.07	Maliborska Rena	1965	Katerini	2008
45	2.55.63	Arseni Kiki	1967	Larissa	2013
50	2.37.67	Katsikadeli Alkinoi	1943	Athens	1994
55	3.03.0	Viga Despina	1943	Athens	1998
60	3.20.4	Viga Despina	1943	Athens	2006
65	3.31.4	Garidi Christianna	1943	Athens	2011
70	5.10.5	Kataki Sofia	1932	Karpenisi	2004

1500 m

35	4.25.74	Papadopoulou Maria	1974	Kalamata	2013
40	4.59.56	Karageorgaki Vasiliki	1973	Argos Orestiko	2013
45	5.48.45	Souliotou Aleka	1965	Larissa	2010
50	5.44.9	Tsandili Maria	1954	Athens	2008
55	6.22.10	Konstandinidou Katerina		Larissa	2013
60	5.44.9	Garidi Christianna	1943	Athens	2008
65	6.50.26	Asteriou Agheliki		Bar, Montenegro	2008
70	7.52.11	Viga Despina	1943	Larissa	2014

3000 m

35	9.31.32	Kefala Dina	1977	Patra	2013
40	10.38.48	Karageorgaki Vasiliki	1973	Edessa	2014
45	14.00.0	Kakoulidou Olga	1949	Athens	1995
50	16.45.0	Filipidou Tasia		Athens	1995
55	18.57.0	Sergidou Anna		Athens	2008
60	17.29.0	Kataki Sofia	1932	Volos	1995
65					
70					
75	21.15.0	Fota Stamatia	1933	Athens	2008

5000 m

35	16.17.17	Souma Spiridoula	1965	Athens	2000
40	16.20.21	Abatzidou Georgia	1969	Thessaloniki	2009
45	18.15.07	Diakomopoulou Eleni	1968	Athens	2013
50	23.46.2	Konstadinou Zoi	1962	Katerini	2015
55	24.45.0	Viga Despina	1943	Thessaloniki	2000
60	25.20.0	Kataki Sofia	1932	Athens	1993
65	24.28.0	Garidi Christianna	1943	Athens	2011
70	29.18.08	Viga Despina	1943	Larissa	2014

10000 m

35	34.17.88	Souma Spiridoula	1965	Athens	2001
40	37.16.68	Diakoumopoulou Eleni	1968	Megara	2011
45	40.46.14	Alexandri Georgia	1965	Megara	2012
50					
55	1.10.18.9	Tilianaki Dimitra	1955	Zagreb, Croatia	2013
60	57.13.03	Viga Despina	1943	Plovdiv, Bulgaria	2007
65	53.51.70	Garidi Christianna	1943	Izmir, Turkey	2009

Half Marathon

35	1.16.15	Gazea Magda	1977	Thessaloniki	2013
40	1.22.57	Karageorgaki Vasiliki	1973	Thessaloniki	2014
45	1.24.54	Stefanopoulou Dina	1967	Athens	2012
50	1.43.29	Stamopoulou Dimitra	1961	Trikala	2012
55	1.51.24	Tziaka Panayiota	1959	Trikala	2014
60	1.51.35	Toutouza Marina	1955	Athens	2015
65	1.59.29	Papageorgiou Vasiliki	1948	Athens	2015
70	2.22.28	Viga Despina	1943	Athens	2014

Marathon

35	2.38.36	Souma Spiridoula	1965	Rotterdam, Holland	2001
40	2.44.23	Abatzidou Gheorgia	1969	Athens	2009
45	2.59.32	Poulidou Filippa	1969	Valencia, Spain	2014
50	3.38.43	Karpouza Viky	1964	Nafplio	2015
55	4.08.2	Kouraki Irini	1954	Athens	2010
60	4.27.13	Panagopoulou Margarita	1954	Athens	2014
65	4.30.11	Papageorgiou Vasiliki	1948	Athens	2014
70	5.50.03	Viga Despina	1943	Athens	2013

80 m Hurdles (76,2 cm)

45	17.51	Dimitropoulou Chrysa	1966	Alexandroupolis	2014
50	18.3	Katsikadeli Alkinoi	1943	Athens	1994

80 m Hurdles (68,6 cm)

60	19.04	Gouzia Eleni	1945	Ljubljana, Slovenia	2002
65	20.19	Gouzia Eleni	1945	Zittau, Germany	2012

100 m Hurdles (84 cm)

35	13.96	Strataki Argyro	1975	Schimatari	2010
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400 m Hurdles (76,2 cm)

35	58.38	Chatzi-Neag Christina	1976	Athens	2013
40					
45	1.50.59	Dimitropoulou Chryssa	1966	Bucharest, Romania	2014

4 x 100 m. relay

35	68.13	National Team Trambidou, Kiparisi, Vaina, Dimitropoulou		Zagreb, Croatia	2013
40	66.94	National Team		Larissa	2010
45	78.29	Sevas Alexandroupolis Baraki, Dimitropoulou Ch., Papazisi, Dimitropoulou E.		Larissa	2013

800 + 400 + 200 + 100 m. Balkan relay

45	6.09.90	National Team Trambidou, Dimitropoulou, Klonari, Sideridou		Zagreb, Croatia	2013
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3000 m Track Walk

35	16.06.20	Gavalaki Kaliopi	1966	Karditsa	1999
40	14.29.3	Gavalaki Kaliopi	1966	Athens	2008
45	17.16.72	Fitili Panayiota	1969	Athens	2015
50	18.56.26	Tsandili Maria	1954	Thessaloniki	2006
55	20.55.2	Tsandili Maria	1954	Athens	2009
60	22.14.9	Moissidou Monica		Athens	1999
65	22.30.0	Bonita Kosma		Athens	2008

5000 m Track Walk

35	26.54.20	Gavalaki Kaliopi	1966	Poznan, Poland	2006
40	25.36.0	Gavalaki Kaliopi	1966	Izmir, Turkey	2009
45					
50	31.27.85	Tsandili Maria	1954	Volos	2006
55	34.34.81	Tsandili Maria	1954	Larissa	2010

10000 m Road Walk

35	53.49.11	Makri Agheliki	1978	Patra	2014
40	57.16	Gavalaki Kaliopi	1966	Nyreghiaza, Hungary	2010
45	69.10	Fitili Panayiota	1969	Athens	2014
50	70.42	Tsandili Maria	1954	Agrinio	2008

High Jump

35	1.85	Bakogianni Niki	1968	Patra	2004
40	1.50	Sideridou Paraskevi	1967	Plovdiv, Bulgaria	2007
45	1.39	Sideridou Paraskevi	1967	Larissa	2014
50	1.23	Katsikadeli Alkinoi	1943	Athens	1994
55	1.15	Roilidou Magda	1951	Athens	2006
60	1.07	Gouzia Eleni	1945	Ljubljana, Slovenia	2008
65	1.04	Gouzia Eleni	1945	Izmir, Turkey	2014

Long Jump

35	6.11	Strataki Argyro	1975	Schimatari	2010
40	5.45	Alexopoulou Anthi		Athens	1988
45	4.18	Triantafillaki Tarsi	1944	Athens	1993
45	4.18	Pintzopoulou Eleni	1965	Larissa	2010
50	4.00	Loupaki Maria	1948	Karditsa	1999
55	3.82	Gouzia Eleni	1945	Katerini	2003
60	3.55	Gouzia Eleni	1945	Volos	2006
65	3.47	Gouzia Eleni	1945	Chalkis	2014
70	3.13	Gouzia Eleni	1945	Katerini	2015

Triple Jump

35	12.09	Gheorgiou Agni	1960	Athens	1997
40	11.89	Gheorgiou Agni	1960	Chalkis	2000
45	8.56	Pintzopoulou Eleni	1965	Larissa	2010
50	8.48	Triantafillaki Tarsi	1944	Athens	1994
55	7.70	Gouzia Eleni	1945	Puerto Rico	2003

Shot Put

Cat	Weight /kgr	Result	Name/Surname	Born	Meet place	Meet date
35	4	16.92	Kyriakidou Fotini	1971	Kavala	2006
40	4	13.03	Kyriakidou Fotini	1971	Alexandroupolis	2011
45	4	9.92	Filippaki Sofia	1960	Athens	2006
50	3	10.61	Filippaki Sofia	1960	Bucharest, Romania	2010
55	3	10.79	Filippaki Sofia	1960	Chalkis	2015
60	3	10.38	Roilidou Magda	1951	Katerini	2015
65	3	9.19	Arghyriou Fani	1930	Buffalo, USA	1995
70	3	7.85	Arghyriou Fani	1930	Kavala	2001
75	2	6.44	Fota Stamatia	1933	Zagreb, Croatia	2013
80	2	5.86	Fota Stamatia	1933	Bucharest, Romania	2014

Discus Throw

Cat	Weight /kgr	Result	Name/Surname	Born	Meet place	Meet date
35	1	50.00	Abatzi Areti	1974	Athens	2009
40	1	35.35	Vogoli Katerina	1970	Larissa	2013
45	1	34.05	Agloupa Chloi	1954	Kavala	2001
50	1	30.00	Agloupa Chloi	1954	Athens	2007
55	1	25.90	Agloupa Chloi	1954	Tripolis	2013
60	1	23.93	Roilidou Magda	1951	Katerini	2015
65	1	17.70	Gouzia Eleni	1945	Athens	2010
70	1	12.78	Messini Evghenia		Thessaloniki	2006

Hammer Throw

Cat	Weight /kgr	Result	Name/Surname	Born	Meet place	Meet date
35	4	63.61	Lamboura Amalia	1968	Athens	2003
40	4	28.43	Karagianni Maria	1974	Larissa	2014
45	4	20.78	Koudouni Filio	1966	Bucharest, Romania	2014
50	3	29.09	Toursounidou Maria	1964	Bucharest, Romania	2014
55	3					
60	3	20.09	Agloupa Chloi	1954	Kefalonia	2014

Javelin Throw

Cat	Weight /gr	Result	Name/Surname	Born	Meet place	Meet date
35	600	66.84	Verouli Anna	1956	Chania	1991
40	600	59.96	Lika Sava	1970	Athens	2012
45	600	47.23	Sakorafa Sofia	1957	Chania	2004
50	500	27.52	Pragoudi Sofia	1954	Athens	2006
55	500	25.55	Roilidou Magda	1951	Athens	2006
60	400	24.25	Roilidou Magda	1951	Zagreb, Croatia	2013
65	400	19.00	Arghyriou Fani	1930	Thessaloniki	1996

Weight Throw

Cat	Weight /kgr	Result	Name/Surname	Born	Meet place	Meet date
35	9.08					
40	9.08					
45	9.08	6.56	Agloupa Chloi	1954	Brisbane, Australia	2001

Throwing Pentathlon

Cat	Mark (Points)	Name/Surname	Born	Meet place	Meet date
35					
40					
45	2221	Agloupa Chloi	1954	Brisbane, Australia	2001

Heptathlon

Cat	Mark (Points)	Name/Surname	Born	Meet place	Meet date
35	6038	Strataki Argyro	1975	Schimatari	2010
40					
45					
50	3023	Katsikadeli Alkinoi	1943	Athens	1994
55	3540	Gouzia Eleni	1945	Aarhus, Denmark	2004
60	3873	Gouzia Eleni	1945	Ljubljana, Slovenia	2008
65	4069	Gouzia Eleni	1945	Nyreghiaza, Hungary	2010