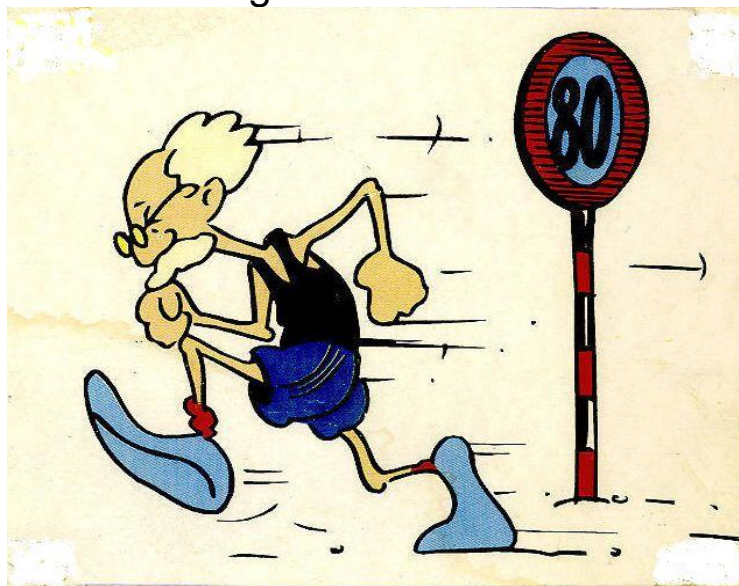




EVENT MANUAL PROGRAM

22. Balkan Veteran Cross Country Championships
Belgrade 2012

22. Balkansko prvenstvo veterana u krosu
Beograd 2012



Спортски Савез Србије



BALKAN VETERAN CROSS COUNTRY CHAMPIONSHIPS **Belgrade, 29 April 2012**

Veterans Athletic Association, AK “Veteran” Belgrade, and AK “21. Maj” Belgrade have the pleasure to jointly host the Balkan Veteran Cross Country Championships on Sunday, 29 April 2012.

We hope your experience in Belgrade will be memorable as well as enjoyable.

The CITY



Belgrade is the capital and largest city of Serbia. It is also one of the oldest cities in Europe. The first settlements in the Belgrade area date from prehistoric Vinča, 4800 BC. Belgrade itself was founded by the Celts in the 3rd century BC before it became a Roman settlement. The Slavic name "Beligrad" (Slov. Bjelgrad) was first recorded in 878. The impression of the former fortress looks is contained in this name. Belgrade has been the capital of Serbia since 1405 and it was the capital of various South Slavic states from 1918 to 2003, and Serbia and Montenegro from 2003 to 2006.

The city lies at the confluence of the Sava and the Danube in central Serbia, where the Pannonian Plain meets the Balkan Peninsula. Population in Belgrade, according to the census from 2011, was 1,154,589 and 1,639,121 people lived in the wider region. It is the largest city in the former Yugoslavia and the fourth most populated in Southeast Europe after Istanbul, Athens and Bucharest.

Belgrade has the status of a separate territorial unit in Serbia with its local government. Its territory is divided into 17 urban municipalities, each with its local government. Belgrade takes more than 3.6% of the territory of the Republic of Serbia, and within its boundaries live 21% of the total number of citizens of Serbia who took part in the census of 2002 (without data for Kosovo and Metohija). Belgrade is also the economic center of Serbia and the center of Serbian culture, education and science.



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VISA REQUIREMENTS

Residents of the following countries do not require visa to enter to Serbia: ALB, BIH, BUL, CRO, GRE, MKD, MNE, ROM and SLO.

ENTRIES

Applications, which are attached, sent to the e-mail:

odry5@vektor.net

The entries will be taken until **Sunday, 20 April 2012**. After this date, entries are still possible at a late registration fee but no later than the Technical Meeting.

ENTRY FEES

Each participant is requested to pay **15 Euros** in order to contribute to the organizational expenses as per the Regulations of BAVA. The deadline to register and transfer the entry fee is **20 April 2012**. Entries after April 20th must accompany the late registration fee of **20 Euros**.

The entry fees must be paid to the following bank account:

Instruction for customer transfers

EUR correspondent is:

AGRIFRPP – Credit Agricole Paris

Acc. With Institution: 57A:

MEBARS22

CREDIT AGRICOLE SRBIJA AD, Novi Sad

Beneficiary: 59:

IBAN RS35330007070000015886

ASOCIJACIJA VETERANA SRBIJE U ATLETICI

OBILIĆEV VENAC 18, BEOGRAD

Republic of Serbia

AGE CATEGORIES

Traditional Balkan veteran categories, with the opportunity for older age groups to compete against each other, apply to the competition as follows;

Women:

35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+

Men:

35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+



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The categories are determined regarding the following dates of birth;

Born between 29.04.1972- 28.04.1977: M-W35

Born between 29.04.1967- 28.04.1972: M-W40

Born between 29.04.1962- 28.04.1967: M-W45

Born between 29.04.1957- 28.04.1962: M-W50

Born between 29.04.1952- 28.04.1957: M-W55

Born between 29.04.1947- 28.04.1952: M-W60

Born between 29.04.1942- 28.04.1947: M-W65

Born between 29.04.1937- 28.04.1942: M-W70

Born between 29.04.1932- 28.04.1937: M-W75

Born between 29.04.1932 : M-W80+

DISTANCES

The race distance per age category will be as follows;

Women:

35 - 49 : 5 km

50 - 64 : 3 km

65+ : 2 km

Men:

35 - 49 : 7 km

50 - 59 : 5 km

60 - 69 : 3 km

70+ : 2 km

PROVISIONAL TIMETABLE

The provisional programme of events is as follows, subject to change;

11:00 Opening ceremony

11:15 2 km - Women's 65+, Men's 70+

11:40 3 km - Women's 50-64, Men's 60-69

12:25 5 km - Women's 35-49, Men's 50-59

13:30 7 km - Men's 35-49

It's necessary to be in the call room 15 minutes before your event.

VICTORY CEREMONIES

All victory ceremonies will be held at the race venue. First three in each age category will receive medals and certificates.



BALKAN VETERAN CROSS COUNTRY CHAMPIONSHIPS **Belgrade, 29 April 2012**

TRAINING

The race course is a trim trail in a local park, and it is open for training at all times.
The address of the course is as follows;

Trim trail, Košutnjak
Kneza Višeslava 72

TECHNICAL MEETING

The Technical Meeting will be held at 18:00 on Saturday, 28 April. The venue is the meeting room of the Hotel "Trim", near Sport complex Košutnjak.
The address is as follows;

Hotel "Trim"
Kneza Višeslava 72, Košutnjak-Sport complex

It is important that at least one representative from each delegation attends the Technical Meeting with the passports of each participant from their delegation. The agenda of the Technical Meeting includes;

- Age verification of the participants
- Distribution of the bib numbers

ORGANIZING COMMITTEE CONTACTS

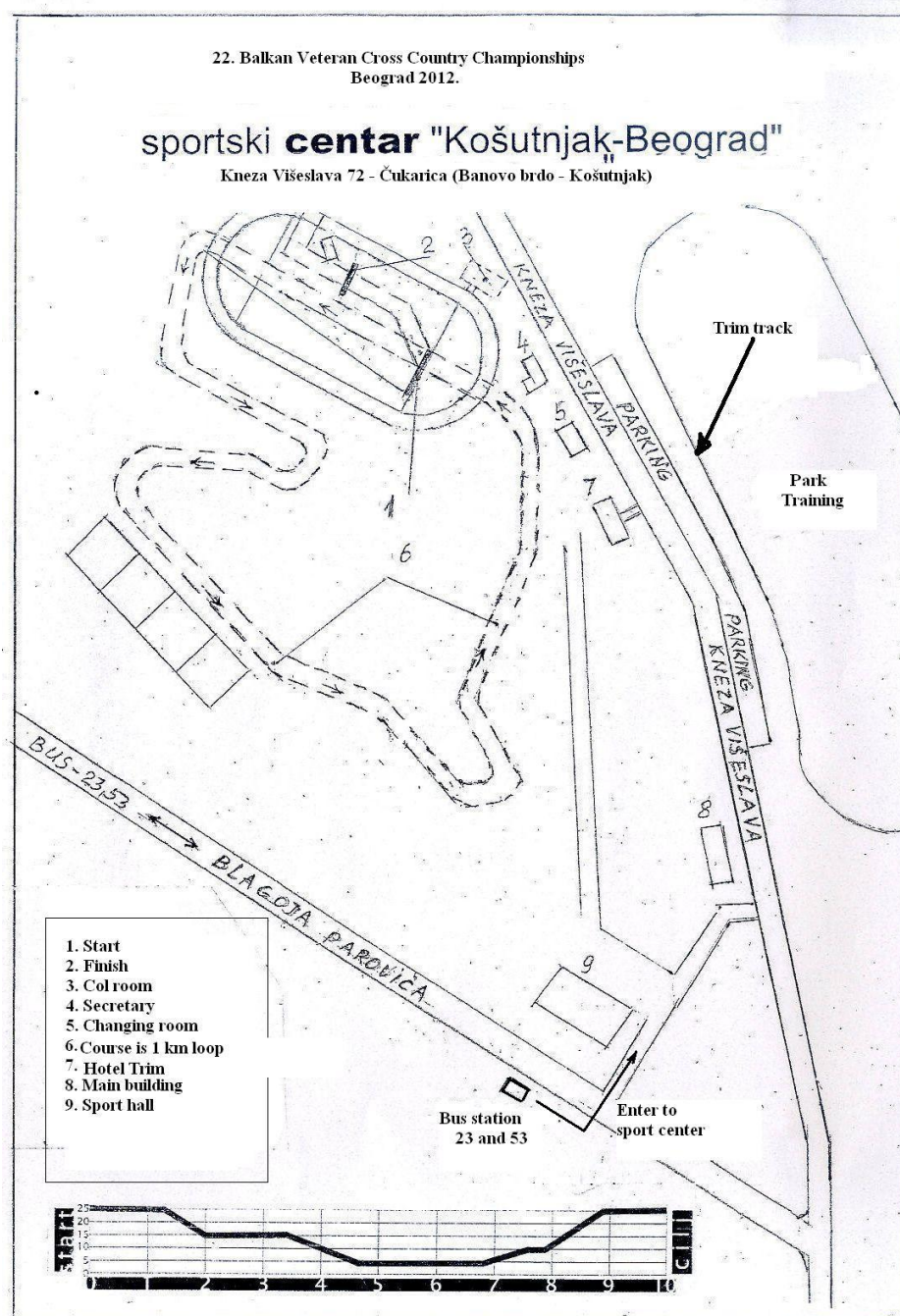
Ms. Visnja Odri
odry5@vektor.net
Mobile +381 64 257 40 54

Mr. Nedeljko Todorovic
nedeljko52@yahoo.com
Mobile + 381 64 21 04 459

Mr. Aleksandar Šljivić
Tel: +381 11 3236 947
Mobile + 381 64 20 70 760

COURSE

Cross country race course is a 1 km loop with grass and it is quite hilly. It is very demanding both uphill and downhill.





BALKAN VETERAN CROSS COUNTRY CHAMPIONSHIPS **Belgrade, 29 April 2012**

ACCOMMODATION

The Organizing Committee is pleased to assist the participants and their accompanying persons for their accommodation in Belgrade. A number of hotels located in Belgrade are invited to quote special rates for the Balkan veterans.

Hotel "DMB" ** (2,5km)

Marička 14, Beograd - Rakovica
Tel: + 381 11 256 28 91 Fax: + 381 11 3564 684
e-mail: dmb@gmail.com
Prices: 50 beds: 17€ per person per night (breakfast and diner included)

Hotel "Trim" (new)*** (0,1 km)

Sport complex "Košutnjak", Banovo Brdo
Kneza Višeslava 72, Beograd-Čukarica
Tel: + 381 11 3540670 , + 381 11 3540669
www.trimhotel.rs, e-mail: info@trimhotel.rs
Prices: 12 rooms: 1/1-35€ per person per night (breakfast and tax included)
12 rooms: 1/2-25€ per person per night (breakfast and tax included)

Hotel "Trim" (old)**

Prices: 3 rooms: 1/1-22€ per person per night (breakfast and tax included)
3 rooms: 1/2-19€ per person per night (breakfast and tax included)
3 rooms: 1/3-16€ per person per night (breakfast and tax included)

Hotel "Panorama" *** (2 km)

Pilota Mihajla Petrovića 33a – Vidikovac, Beograd, Rakovica
Tel: + 381 11 233 60 72
+ 381 64 893 27 81
www.zakpanorama.com e-mail: info@zakpanorama.com
Prices: 2 rooms: 1/2- 45€ per room per night (breakfast included)
3 rooms: 1/3-55€ per room per night (breakfast included)

Hotel "Sodes" *** (4 km)

Borska 92f, Rakovica, Beograd
Tel: + 381 11 30 555 18
www.hotelslodes.com
e-mail: rezervacije@hotelslodes.com
Prices: 10 rooms: 1/2- 25€ per person per night (breakfast included)